MANGO
BAY

ON THE ROCK FOOD MENU

All prices are quoted in VND (x1000VND), excluding VAT and service charge.

V VEGETARIAN OPTION ★ SIGNATURE DISH VIETNAMESE DISH

B/ MANGO BAY BITES

B.1 Khanh Hoa Oysters 380/6 pcs
Fresh: shallot vinegar, tomato salsa, soy pickled ginger sauce, lime, tabasco
Baked: parmesan, bacon, cream, tabasco

B.2 Crispy Confit Duck Leg Pancakes ★ 340
Hoisin sauce, cucumber, spring onion, chilli, shallot

B.3 Mango Bay Mezze Platter V 330
Hummus, babaganouch, roast tomato & olive tapenade,
guacamole, confit tomatoes, Mango Bay flat bread

B.4 Phu Quoc Prawn Ceviche Sesame Rice Cracker 340
Lemongrass, lime leaf, chilli, shallot, coriander, lime olive oil

B.5 Marinated Phu Quoc Herring ★ 230
Ciabatta, chunky tomato salad

B.6 Marinated Artichoke & Beef Tomato Ceviche V 270
Lemon, olive oil, garlic, mint

B.7 Salt & Pepper Crispy Phu Quoc Squid 210
Sweet & sour Phu Quoc pepper chilli sauce

B.8 Sticky Soy Aubergine V 190
Lime leaf, chilli, roasted shallot, crispy garlic, coriander

B.9 Sauteed Silk Clams ★ 220
Soy, Thai basil, chilli, Phu Quoc green peppercorns

B.10 Traditional Pork & Phu Quoc Prawn Spring Rolls 190
Black bean sauce & peanuts

S/ SALADS

S.1 Phu Quoc Prawn Pomelo Nuoc Mam Dressing ★ 380
Pepper elder, coriander, mint, chilli, lime leaf, crispy shallot, roasted peanuts

S.2 Mango Bay Tuna Nicoise Soy Balsamic Dressing 410
Mango Bay marinated herring, tomato confit, green beans, black olive, quail eggs, new potatoes, pepper elder

S.3 Traditional Phu Quoc Herring Salad ★ 330
Mixed herbs and salad, grated coconut, nuoc mam dressing, roasted peanuts

S.4 Chicken Caesar 310

Grilled chicken breast, romaine lettuce, bacon, boiled egg, croutons, parmesan, caesar dressing

(S.5) Baked Cauliflower Soy Balsamic Dressing V 290
Green beans, chilli, bean sprouts, spring onion, crispy garlic, lime leaf

(S.6) Blue Swimmer Crab Avocado Mayonnaise 380
Mixed leaves, chilli, cherry tomato, shallot, coriander

SE/ FROM THE SEA

(SE.1) Nha Trang Lobster Linguine 1050
½ lobster, cherry tomatoes, tomato sauce, chilli, flakes, parmesan

(SE.2) Chilli Marinated Fish Of The Day 610
French fries, salad, salted lemon chilli sauce, mayonnaise

(SE.3) Coconut Lime Leaf ★ Marinated Black Kingfish 520
Vietnamese pomelo salad, crispy Mango Bay betel leaf

(SE.4) Lightly Braised Fillet of Fish 520
Marinated Phu Quoc Herring, asparagus, cherry tomatoes, capers, black olives, sweet basil, parsley

(SE.5) Seafood Risotto 440
Phu Quoc prawns & squid, black kingfish, parmesan

(SE.6) Char Grilled Phu Quoc Squid 430
Crispy garlic, chilli, salted lemon, parsley, olive oil

SE.7 Linguine Silk Clams 350

Shaoxin wine, garlic, ginger, shallot, chilli flakes, chilli, spring onions

FB/ FROM THE BOARDS

All boards are designed for sharing

FB.1 Lobster Seafood Board ★ 2550

500g baked Nha Trang lobster, 8 fresh or baked Khanh Hoa oysters, char-grilled Phu Quoc squid and prawns, French fries, salad, lime, mayonnaise, lemongrass chilli & calamansi sauce

FB.2 Whole Grilled Fish Seafood Board 1850

Chilli marinated whole fish of the day, 6 fresh or baked Khanh Hoa oysters, char-grilled Phu Quoc squid and prawns, French fries, salad, lime, mayonnaise, lemongrass chilli & salted lemon chilli sauce

FB.3 Surf & Turf Ribeye 2800

500g baked Nha Trang lobster with garlic butter,
500g Australian angus ribeye, French fries, salad,
Phu Quoc green peppercorn sauce, béarnaise sauce, calamansi sauce

L/ FROM THE LAND

L.1 300g Char Grilled Grass Fed Angus Ribeye 1300

Chunky chips, watercress salad, bearnaise & Phu Quoc green peppercorn sauce

L.2 300g Char Grilled Grass Fed Angus Picanha 850

French fries, salad, bearnaise & Phu Quoc green peppercorn sauce

L.3 **250g Char Grilled Grass Fed Fillet** 850
Guava puree, oyster sauce glaze, crispy taro

L.4 **Tamarind Glazed Pork Ribs** 480
French fries, salad, mayonnaise

L.5 **5 Spice Marinated Chicken** 460
Pickled cucumber fried black sticky rice

G/ FROM THE GARDEN

G.1 **Mushroom Pappardelle** V 410
White wine cream sauce, parmesan

G.2 **Aubergine & Bean Curry** V 350
Mango Bay Garlic Naan
Steamed rice, coriander salsa, mango chutney
salted lemon & mint Greek yoghurt

G.3 **Mee Goreng** V 310
Chilli sambal, egg noodle, tofu, mixed vegetables

G.4 **Lemongrass Chilli Tofu** V 310
Steamed rice, crispy lemongrass

G.5 **Ricotta & Confit Tomato Pesto Linguine** V 350
Black olive, confit tomato, parmesan, crispy sweet basil

G.6 **Carrot Falafel Quinoa Tabouleh** V 340
Babaganouch, salted lemon & mint Greek yoghurt,
tahini dressing, Mango Bay flat bread

V/ VIETNAMESE TASTE

V.1 Sauteed Beef & Mushroom With Oyster Sauce 580
Steamed rice, sesame seeds, crispy garlic

V.2 Crispy Skin Confit Pork Belly Clay Pot 480
Steamed rice, bok choy, chilli, Phu Quoc green peppercorns, shallot, caramel fish sauce

V.3 Sticky Black Kingfish Clay Pot 440
Steamed rice caramel fish sauce

V.4 Sweet & Sour Tamarind Phu Quoc Prawns 620
Steamed rice, cucumber, mint, coriander, shallot, lime leaf

V.5 Sticky Clay Pot Tofu Lotus Seed Steamed Rice V ★ 320
Soy, shallot, chilli, Phu Quoc green peppercorns

V.6 Cha ca La Vong 350
Turmeric marinated kingfish, rice noodles, spring onion, dill

V.7 Bun Cha Hanoi 385
Rice noodles, char grilled pork belly & patty, crab spring rolls

P/ PIZZA

Not feeling to hungry, why not try our half pizza's, served with a mixed leaf salad, also great for a light lunch. Gluten free bread available, GF burger bun 40, GF bread 40, GF pizza base 30/60

P.1 Burrata Parma Ham Pizza — 380/490
Mozzarella, cream, rocket, parmesan

P.2 4 Cheese Pizza V — 320/420
Mozzarella brie, blue, parmesan, cream

P.3 Seafood Pizza — 270/370
Mozzarella, pesto, silk clams, Phu Quoc prawns & squid

P.4 Margarita Pizza V — 250/320
Mozzarella, tomato sauce, parmesan, sweet basil

P.5 Mango Bay Cheese Burger — 330
French fries, lettuce, tomato, homemade relish, mayonnaise
Add bacon 50

P.6 Phu Quoc Prawn Sandwich — 370
Harissa aioli, shallot, coriander, rocket, tomato, French fries, salad

P.7 Mango Bay Club Sandwich — 350
Chicken breast, bacon, cheddar cheese, tomato, French fries, salad, mayonnaise

P.8 Char Grilled Halloumi Red Pepper Aioli Sandwich V — 380
Rocket, tomato, French fries, salad

SI/ SIDES

SI.1 French Fries V — 90

Mayonnaise

SI.2 **Chunky Chips** V 90
Mayonnaise

SI.3 **Mixed Leaf Salad** V 90
Balsamic dressing, cherry tomato, shallot, cucumber

SI.4 **Rocket Parmesan** V 90
Balsamic dressing

SI.5 **Sauteed Morning Glory & Garlic** V 90
Crispy garlic

SI.6 **Stir Fried Mixed Vegetables** V 90

SI.7 **Steam Rice** V 40

SI.8 **Mango Bay Flat Bread** V 40

D/ DESSERTS

D.1 **Warm Dark Chocolate Lava Cake** ★ 230
Vanilla ice cream

D.2 **Coconut & Mango Crème Brulee** 210
Vanilla sugar

D.3 **Mascarpone & Lime Cheese Cake** 215
Black currant & Phu Quoc pepper sorbet

D.4 Mango Bay Fruit Platter 185

Mix of seasonal fruits

D.5 Mango Bay Cheese Plate 410

Selection cheese, mango chutney, dark rye sourdough

D.6 Ice Cream & Sorbet 75/ scoop

Vanilla, chocolate, strawberry, coconut, rum & raisin, salted caramel, mint choc chip, mango sorbet, passion fruit sorbet

Additional charge of 100,000VND per dish for re-heating food.